



## ***Rob Bell's DVD Series:***

# **NOOMA**

### **DV GJ5 017 NOOMA 001: RAIN**

Things don't always work out the way we want them to, or the way we think they will. Sometimes we get hit with some form of pain out of nowhere leaving us feeling desperate and helpless. Where is God when it really hurts? Maybe it's when we're in these situations, where everything seems to be falling apart, that God gets an opportunity to remind us of how much God really loves us.

### **DV GJ5 016 NOOMA 002: FLAME**

I love those shoes. Really? The same way I love my wife? What's up with the word "love"? It doesn't have much meaning when we use it so loosely. We mistake things like friendship, commitment, or lust for love, but God wired us a certain way to experience all that love was really meant to be.

### **DV GJ5 015 NOOMA 003: TREES**

How is it that our world can be filled with such beauty and order and good, and yet at the same time be filled with such heartache and such pain? Some people ask, "Where is God?" Maybe a better question would be, "Where isn't God?" You can be a partner with God in redeeming and restoring this broken, hurting world making this the kind of place that God originally intended it to be.

### **DV GJ5 014 NOOMA 004: SUNDAY**

Why do we do the things we do? Why do we go to church or give money away? Because we're supposed to or because we think God needs it? We're tired of all the empty rituals and routines. And so is God. God hates it when we call ourselves Christians but ignore all the things God really cares about. God doesn't want the meaningless rituals. God wants our hearts.

### **DV GJ5 013 NOOMA 005: NOISE**

Why is silence so hard to deal with? We're constantly surrounded with "voices" that are influencing us on how to think, feel, and behave. Maybe there's a connection between the amount of noise in our lives and our inability to hear God. If God sometimes feels distant to us, maybe it's not because he's not talking to us, but simply because we aren't really listening.

### **DV GJ5 007 NOOMA 006: KICKBALL**

We always think we know what's missing from our lives in order to really make us happy. Sometimes we ask God for things and if God doesn't deliver right away, we start questioning whether God really understands or even cares. Do we trust that God is good and sees a bigger picture than we ever could? Maybe God know what's better for us and sometimes we just can't see it.

### **DV GJ5 006 NOOMA 007: LUGGAGE**

We all have wounds and we end up carrying around these things that people have done to us. It isn't always easy to forgive and after a while these hurts can get really heavy. The only way to feel better seems to be getting revenge, which never truly satisfies. Maybe forgiving isn't something you do for someone else to let them off the hook. Maybe forgiveness is about you.

### **DV GJ5 018 NOOMA 008: DUST**

Believing in God is important, but what about God believing in us? Believing that we can actually be the kind of people we were meant to be. It's easy for us to sometimes get down on ourselves. To feel "not good enough". But maybe if we had more insight into the culture that Jesus grew up in and some of the radical things he did, we'd understand the faith that God has in all of us.

### **DV GJ5 012 NOOMA 009: BULLHORN**

Jesus said that the most important thing in life is to love God with everything we've got and love others the same way. But it's not always easy to love everyone around us, is it? But Jesus doesn't separate loving God and loving others. So maybe the best way for us to show our love for God is actually by loving other people no matter how hard it sometimes is.

### **DV GJ5 011 NOOMA 010: LUMP**

A lot of us have done things in our lives that we're ashamed of. Personal junk that we keep to ourselves so we don't have to deal with it. But no matter how big our junk is, no matter how much what we've done has impacted the way other people feel about us or how we feel about ourselves, it hasn't changed how God feels about us. God loves us, always has and always will, and there's nothing we can do to change that.

### **DV GJ5 010 NOOMA 011: RHYTHM**

What does it mean to have a relationship with God? For a lot of us it's a hard thing to fully understand. Jesus said he came to give everyone life in its fullest. He came to show us how to live. Maybe it's through trusting Jesus and living the kind of life he taught

us to live that we have a relationship with God. Maybe the way we live every day, every single choice we make, determines how in tune with God we are.

### **DV GJ5 009**     **NOOMA 012: MATTHEW**

Suffering the loss of someone we love can be the most difficult thing in life to deal with. One moment we have them and the next they're gone. What are we supposed to do? How are we supposed to feel? Sometimes all the reasoning and comforting words in the world just aren't what we need. What might help us, however, is to understand how Jesus dealt with this kind of loss.

### **DV GJ5 005**     **NOOMA 013: RICH**

There's a popular bumper sticker that reads "God Bless America," but hasn't America already been blessed? We're constantly bombarded with images of the latest styles and it can easily leave us feeling like what we have isn't enough. But how does what we have compare to what most people in the world have? Maybe God has blessed us so we can bless and give to others.

### **DV GJ5 008**     **NOOMA 014: BREATHE**

Do you believe God is inherently in every single person? If so, when we treat someone disrespectfully, does it mean we're really treating God disrespectfully? For thousands of years, people have understood that our physical breath is a picture of a deeper spiritual reality. Maybe if we had more insight into the meaning of breathing, we would better understand how God created us as human beings.

### **DV GJ5 019**     **NOOMA 015: YOU**

Some of the central claims of the Christian faith are the source of many discussions and debates. Maybe some of our discussions would change significantly if we had more insight into the actual circumstances that surrounded the first people of the Christian movement. Maybe we don't always put enough emphasis on the things that truly should matter in our lives.

### **DV GJ5 020**     **NOOMA 016: STORE**

We all get angry about things from time to time - some of us more often than others. What is really at its root? Anger is often looked at as a bad thing, but are there things actually worth getting angry about? Maybe if we had a better understanding of our anger and where it comes from, we could learn how to channel it toward something constructive - something that's bigger than ourselves.

### **DV GJ5 021**     **NOOMA 017: TODAY**

How much time and energy do we spend wishing things were how they used to be? We often think about times in our past when things were different and want our lives to be like that again. But if we're in some way hung up on the past, what does that mean for our lives now? Maybe we need to learn to embrace our past for what it is, in order to live our lives to the fullest, right now.

### **DV GJ5 024**     **NOOMA 018: NAME**

Some of us have let the expectations of others dictate who we've become. Why are we so concerned with what other people think, say, or look like? What does it say about us if we are unable to accept who we are? Maybe if we really knew our true selves, we wouldn't give so much attention to other people's lives and live more in tune with the life God wants for us.

### **DV GJ5 025**     **NOOMA 019: OPEN**

Many of us have experienced situations where we've prayed and it felt like God wasn't listening. And yet other times we've prayed or known someone that prayed and the situation changed. Does God answer prayer? Sometimes, but not all the time? Or does God always answer prayer and it's just that sometimes God says no? Maybe if we understood how Jesus prayed, our concepts and expectations of prayer would change.

### **DV GJ5 027**     **NOOMA 020: SHELLS**

What are we really doing with our time? Many of us are running from place to place and it seems like life is just passing us by. But most of us find it hard to say no. We feel obligated. There are so many good things to do. So many good causes to join. But while we're busy doing all these good things, are we missing out on something great? Maybe saying no would be easier if we knew what it meant to say yes.