



*From the Pen of Rev. Gordon Webster,  
Rochester Presbyterian Home Chaplain:*

A Presbyterian parishioner from Penfield just arrived at the Rochester Presbyterian Home. In her paperwork was a reference to her **MOLST**.

What is a **MOLST**?

First, it is an acronym for: **M**edical **O**rders for **L**ife **S**ustaining **T**reatment.

Second, it is the **MOLST** program, “designed to improve the quality of care people receive at the end of life.” It responds to what surveys reveal:

- People are not dying in the setting of their choice
- Most do not have advanced directives in place
- The majority of those being referred to hospice arrive too late to fully benefit
- Most fear dying in pain and without dignity or control.

Third, the **MOLST** form is a six page, passionate pink form, that is a comprehensive instrument for advanced care planning. Your physician keeps a copy. You keep the original.

Learn more about its significance for people at any age, 20 or 80! Go to [compassionandsupport.org](http://compassionandsupport.org) or ask the Presbytery for a copy of the Excellus’ booklet, Advance Care Planning. It is also available from Dr. Pat Bomba at [Patricia.Bomba@lifethc.com](mailto:Patricia.Bomba@lifethc.com)